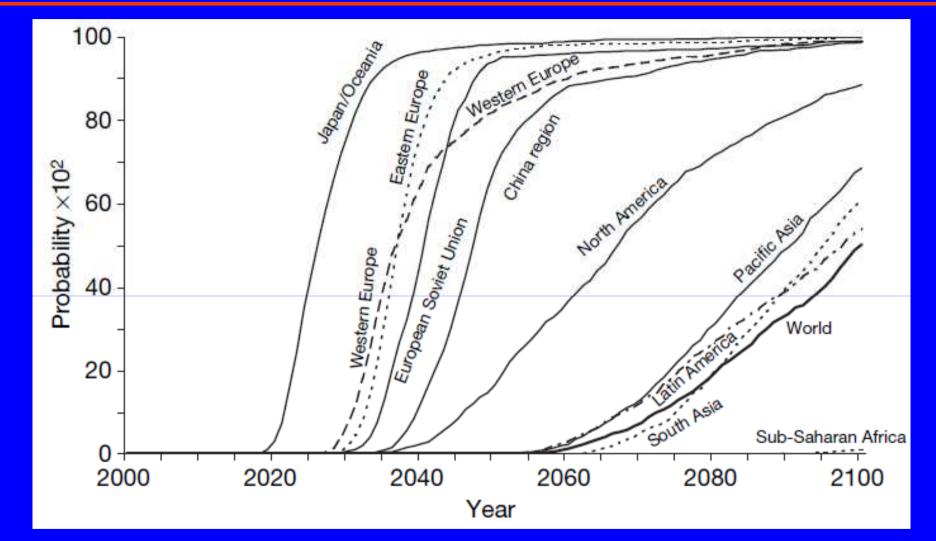
Prevention of Human Cancers in Ageing Society

Wu Jia-Rui

Shanghai Advanced Research Institute, Chinese Academy of Sciences

The Health Challenge of Ageing Society

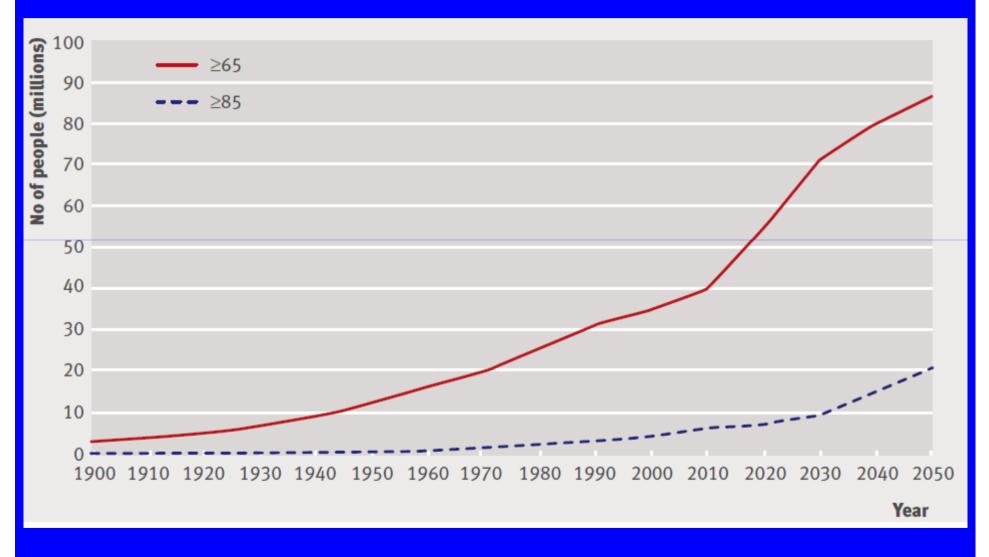
Ageing World



Probabilities of reaching proportion ageing over 60 of one third or more for countries and world

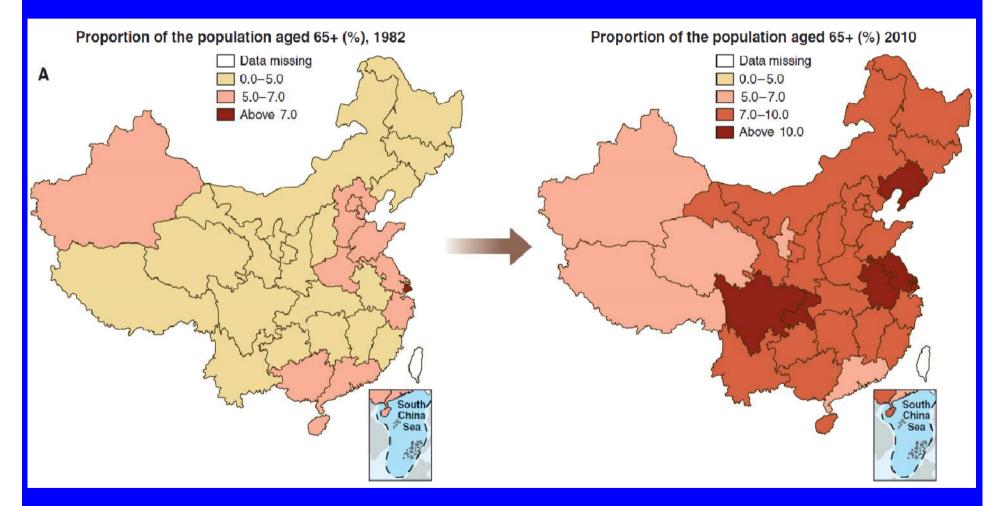
Nature 2008, 451:716

Number of people aged over 65 and 85 in US



BMJ 2008 337:147

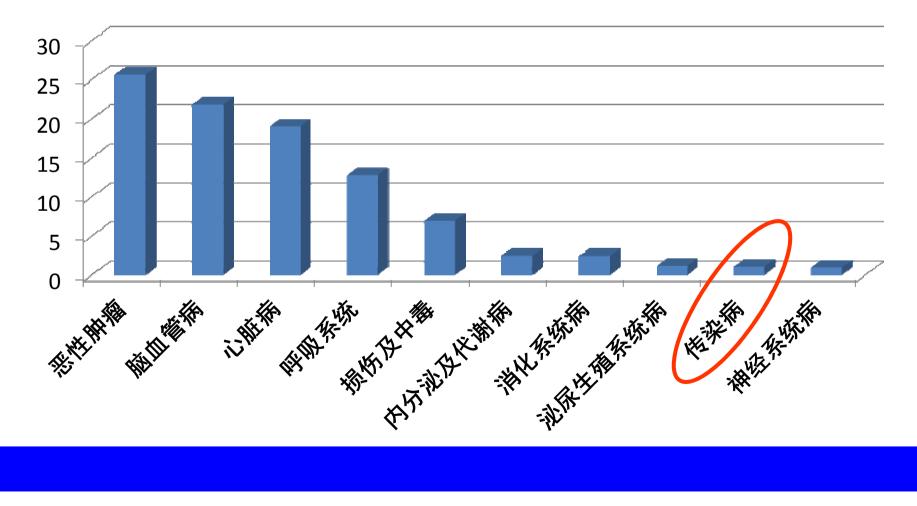
Chinese society becomes aging



Science 2011, 333:581

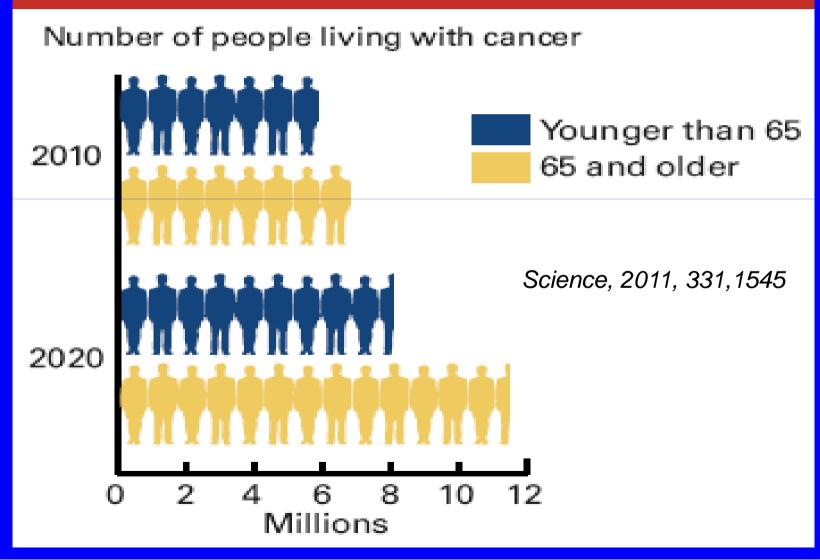
Chronic diseases are major threat to Chinese

Chinese death caused by particular diseases in 2009 (%)



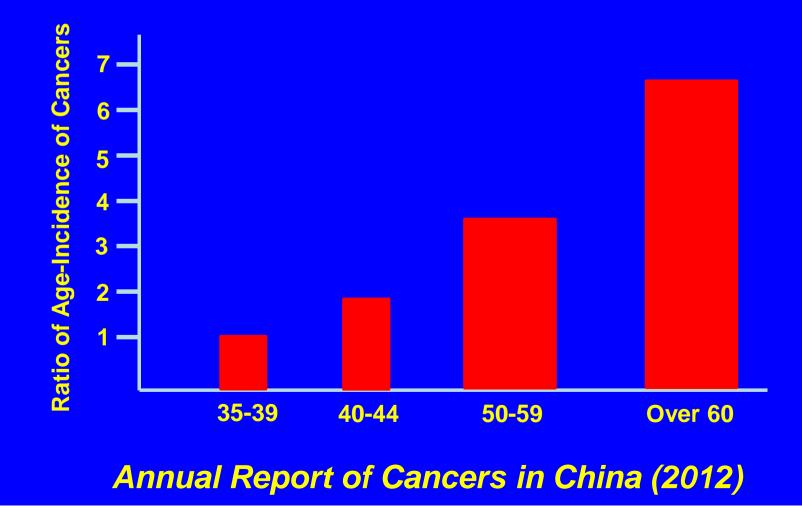
Age is important risk-factor of cancer

U.S. CANCER PREVALENCE



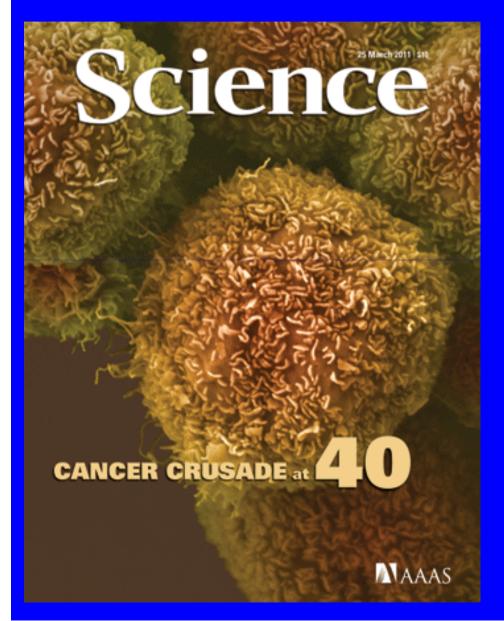
Age is important risk-factor of cancer

Exponential age-incidence of cancers in China



Why we are failed on the war against cancers

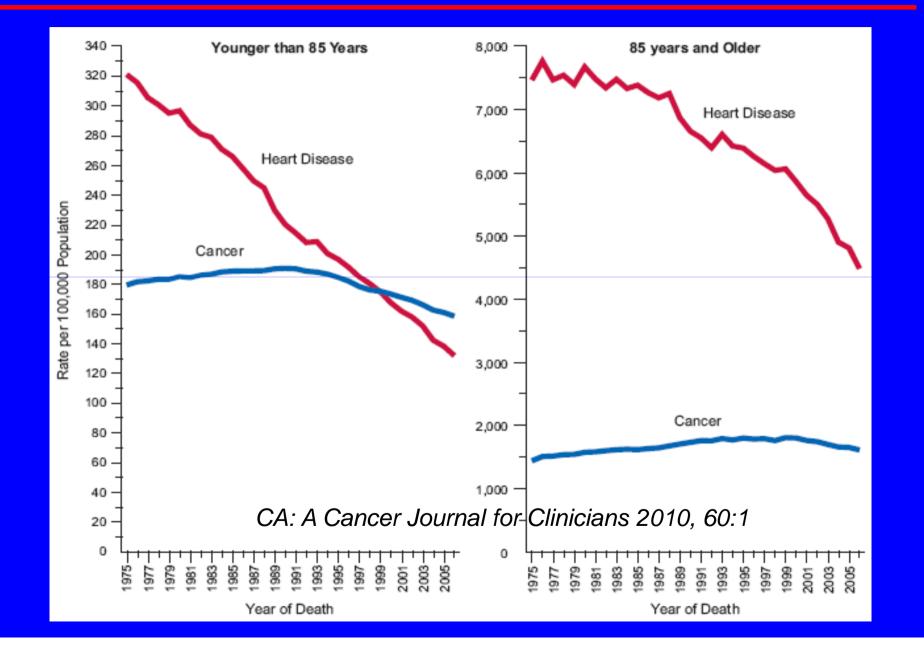
Cancer Crusade



•US President Richard Nixon signed National Cancer Act in 1971.

Since the 1971 act, NCI has spent about \$90 billion on cancer.

Failure of Cancer Crusade

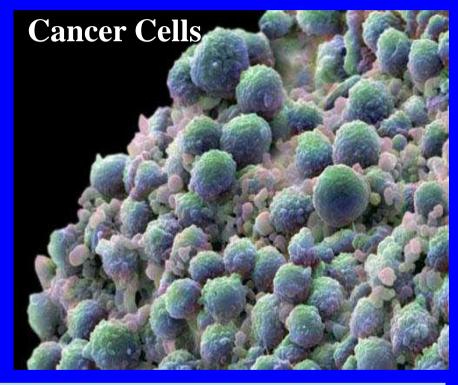


It is difficult to cure chronic diseases

Infection diseases

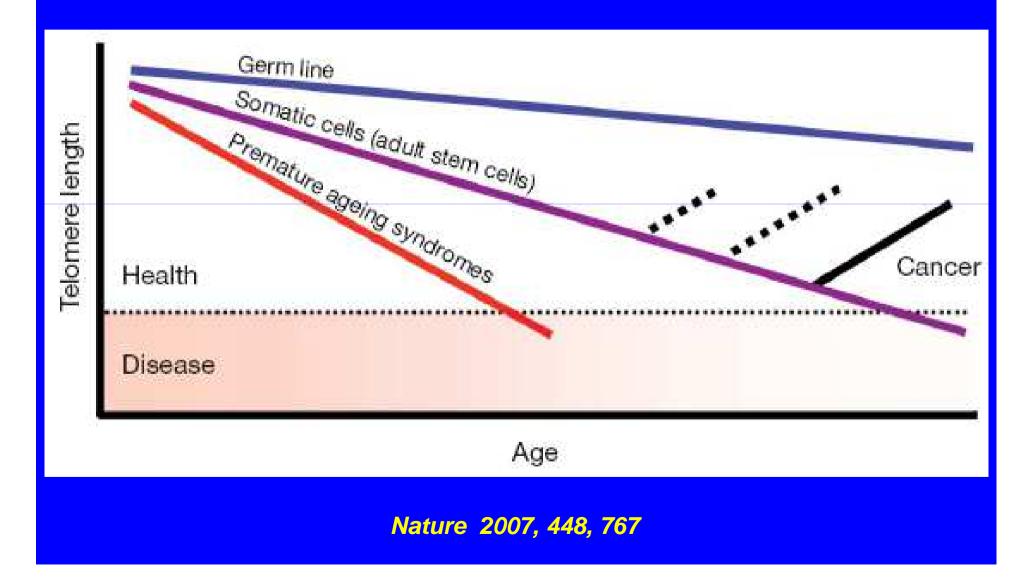


Chronic diseases



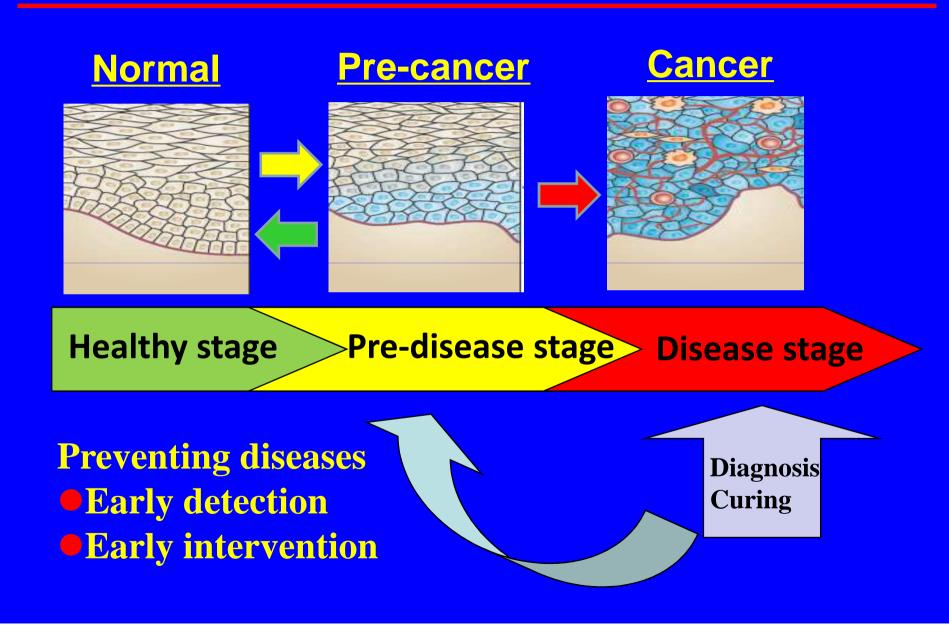
Pathogens of infection disease could be wiped out, but chronic non-communicable diseases derive from body defects are hardly cured completely.

Cancer is ageing-degenerative disease



Prevention is a better solution against cancers

Prevention is a better way to treat chronic diseases

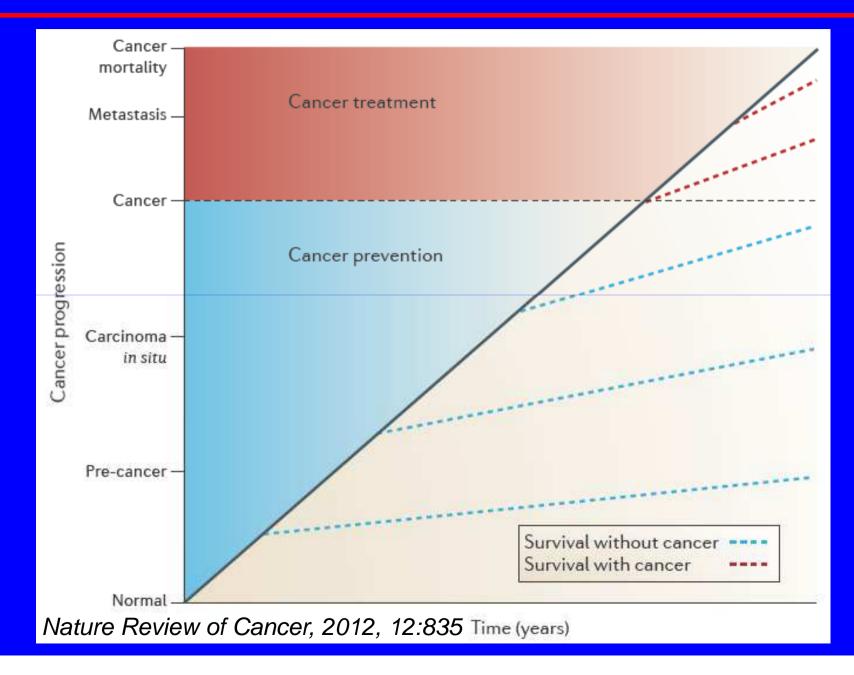


Timeline of Cancer Progression

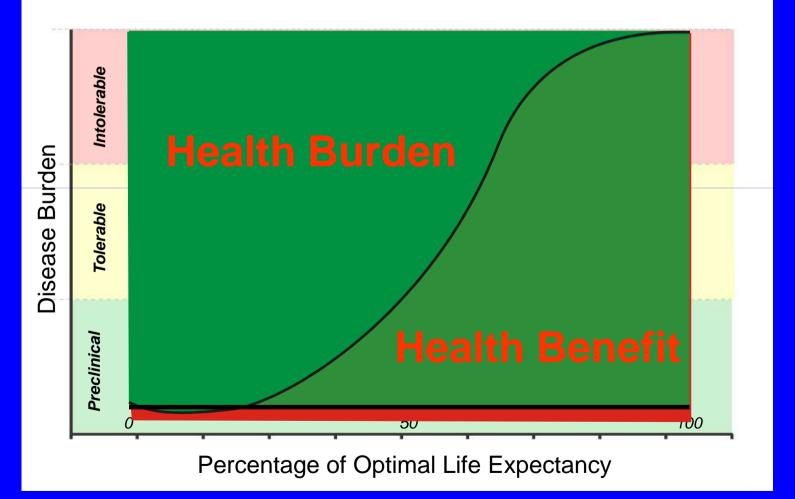
Cervix	CINI	6–10 years	CIN III/CIS
Breast	Atypical hyperplasia	14–18 years	DCIS 6–10 years
Colon	5–20 years		5–15 years
	20 years	Adenoma >10 year	s Latent 3–15 years Clinical
Prostate		→ PIN 20-40 pack-years	carcinoma carcinoma
Lung (smokers) —		1	2 2 2
Oesophagus	Barrett's	~9–13 years	Severe dysplasia
Bladder		20 years	→ TIS
Head and neck —	Tobacco use 4–10 years	Dysplastic oral leukoplaki	6–8 years
Skin (non-melanor	30-40 years	Actinic keratosis	>10 years

Nature Review of Cancer, 2012, 12:835

A Better Solution: Cancer Prevention

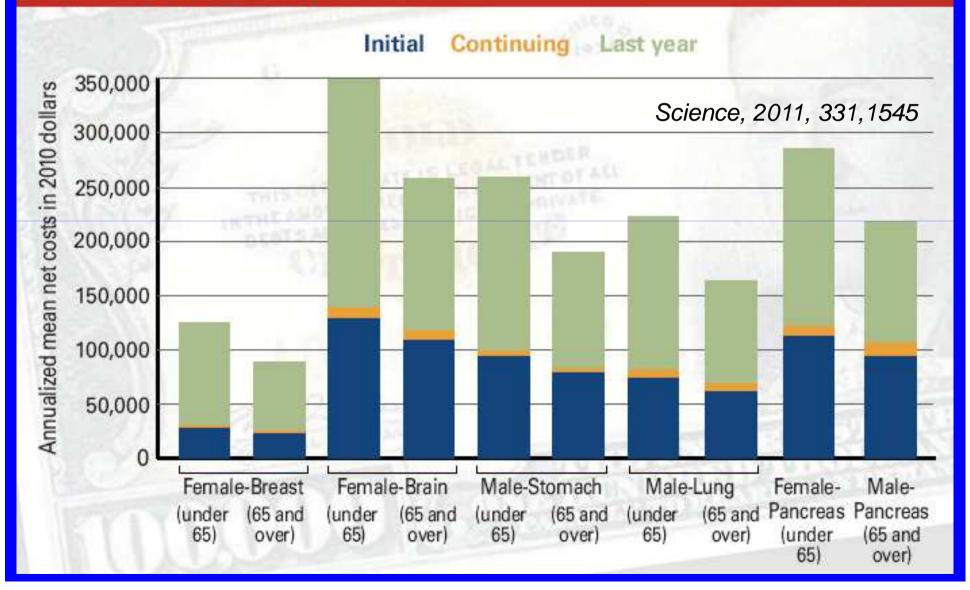


Prevention of chronic disease is economic efficiency

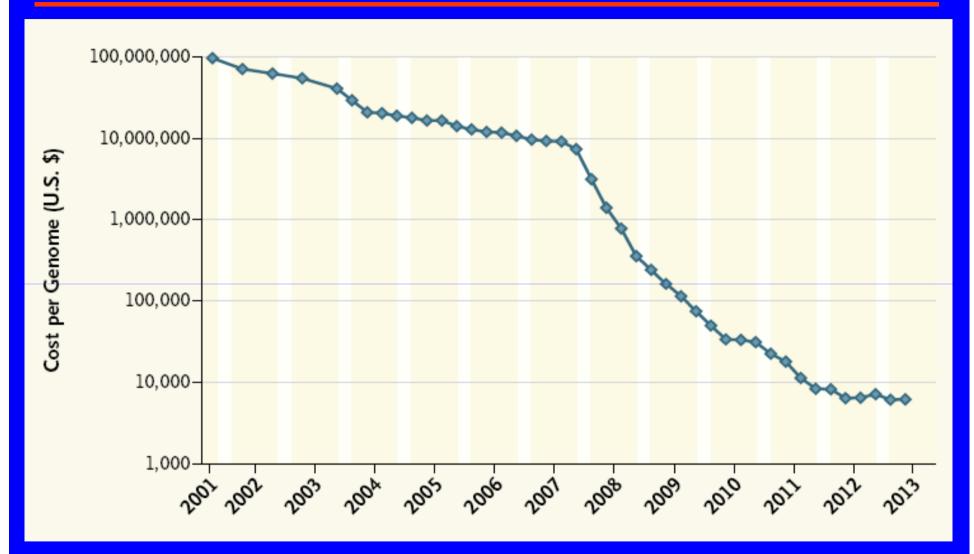


Cost of Cancer Treatments

THE PRICE OF TREATMENT



Prevention tools: genomic sequencing

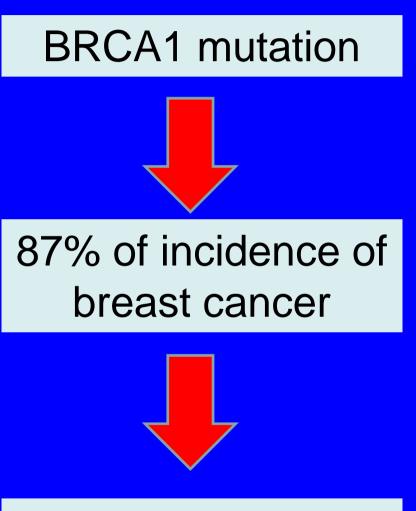


FDA has granted the first high-throughput genomic sequencer, MiSeqDx, for genome-based tests.

A case of genomic-test for cancer prevention

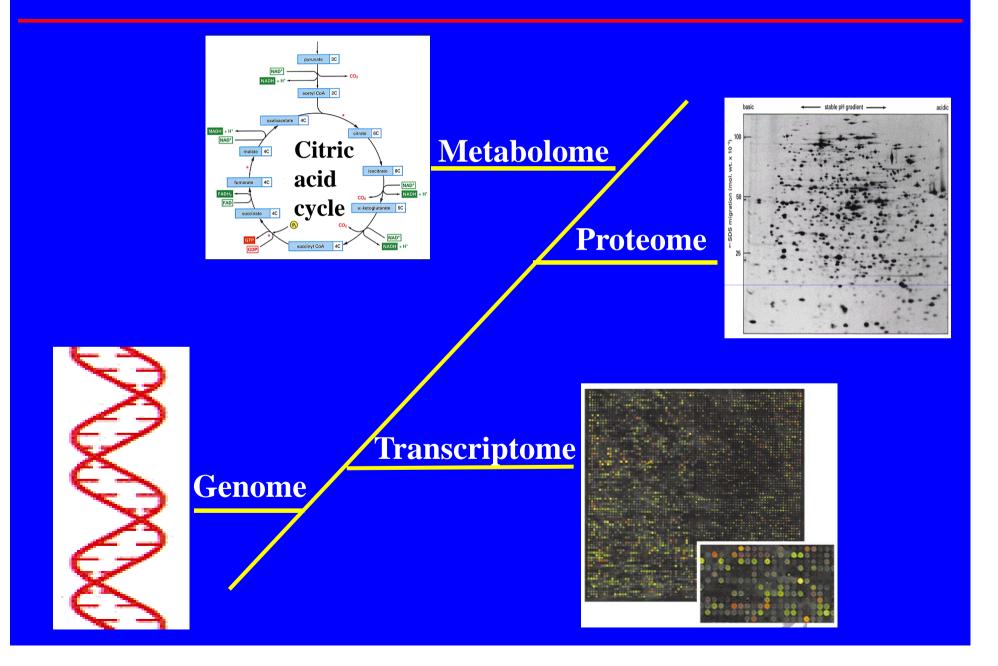


Angelina Jolie



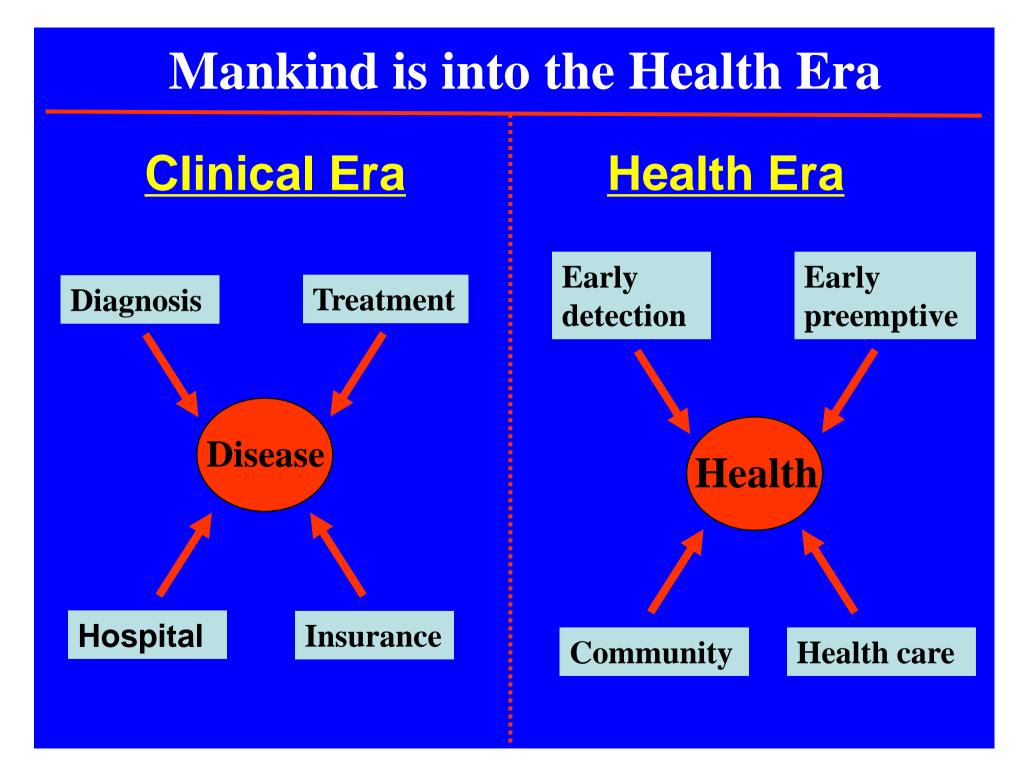
Surgery of breast

Systems biology: integration of biomarkers



Cancer Intervention reagents: drug and nutrients

Metformin	Pancreas, HCC, CRC, lung and all-cancer incidence (possibly breast)	
Aspirin	All-cancer mortality, colon, CRC, oesophageal and lung	
Combination of sulindac and DMFO	Recurrent (advanced) adenoma	
5-α-reductase inhibitors finasteride and dutasteride	Prostate	
Soy isoflavones	Breast	
Lycopene (tomatoes)	Prostate and lung	
Resveratrol (grapes and red wine)	Oesophageal, intestinal, colon and others	
Omega-3-fatty acids (fish oil)	Prostate, breast and colon	



Thanks!