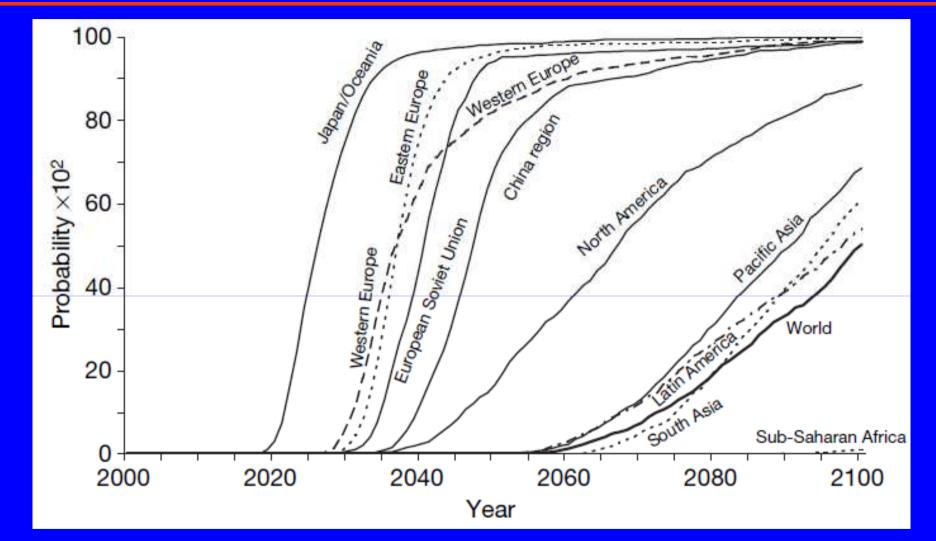
# Prevention of Human Cancers in Ageing Society

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Shanghai Advanced Research Institute, Chinese Academy of Sciences

# The Health Challenge of Ageing Society

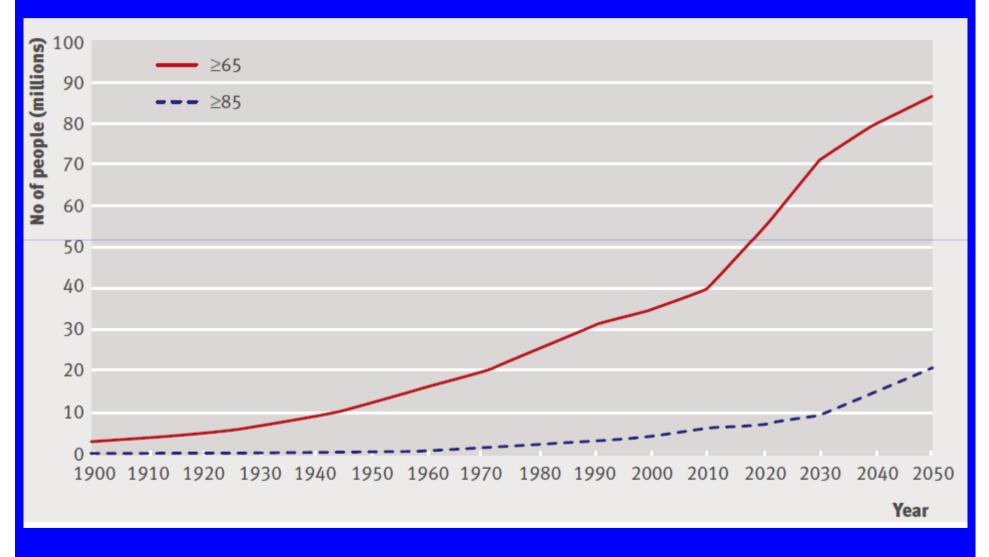
# **Ageing World**



Probabilities of reaching proportion ageing over 60 of one third or more for countries and world

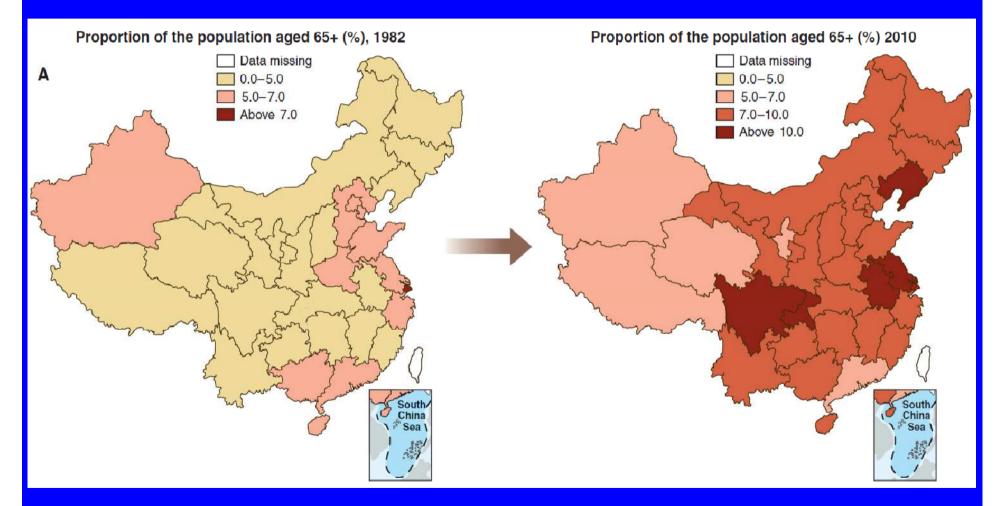
Nature 2008, 451:716

## Number of people aged over 65 and 85 in US



BMJ 2008 337:147

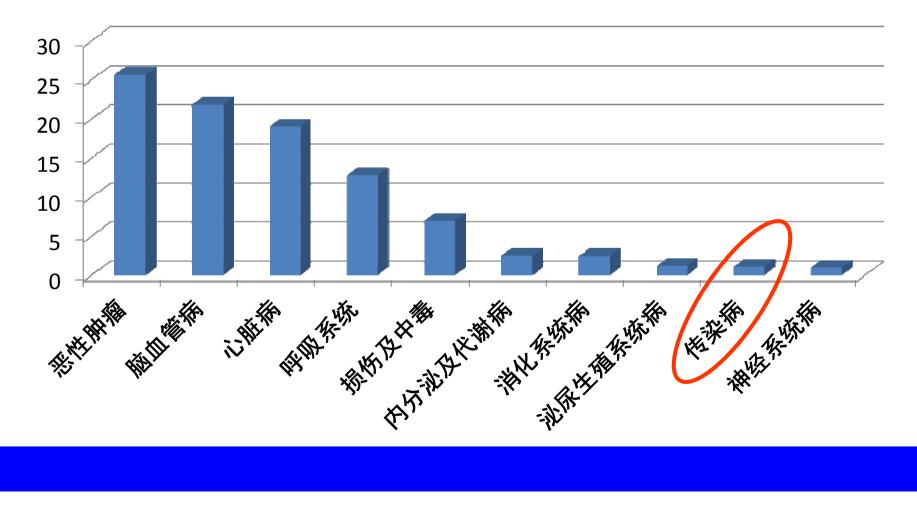
# **Chinese society becomes aging**



#### Science 2011, 333:581

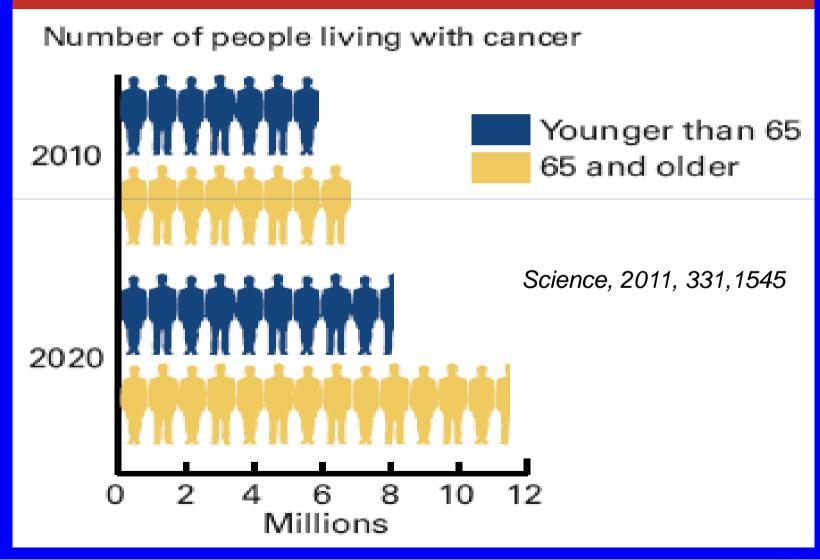
### **Chronic diseases are major threat to Chinese**

#### Chinese death caused by particular diseases in 2009 (%)



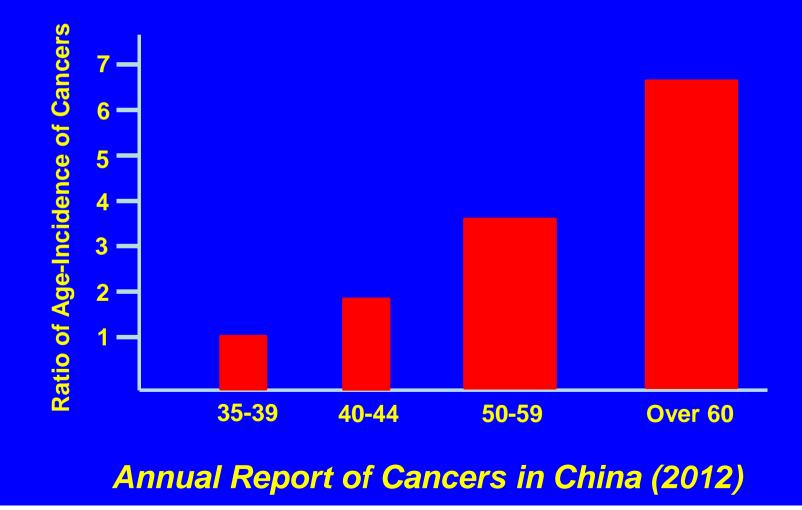
# Age is important risk-factor of cancer

#### U.S. CANCER PREVALENCE



# Age is important risk-factor of cancer

## **Exponential age-incidence of cancers in China**



# Why we are failed on the war against cancers

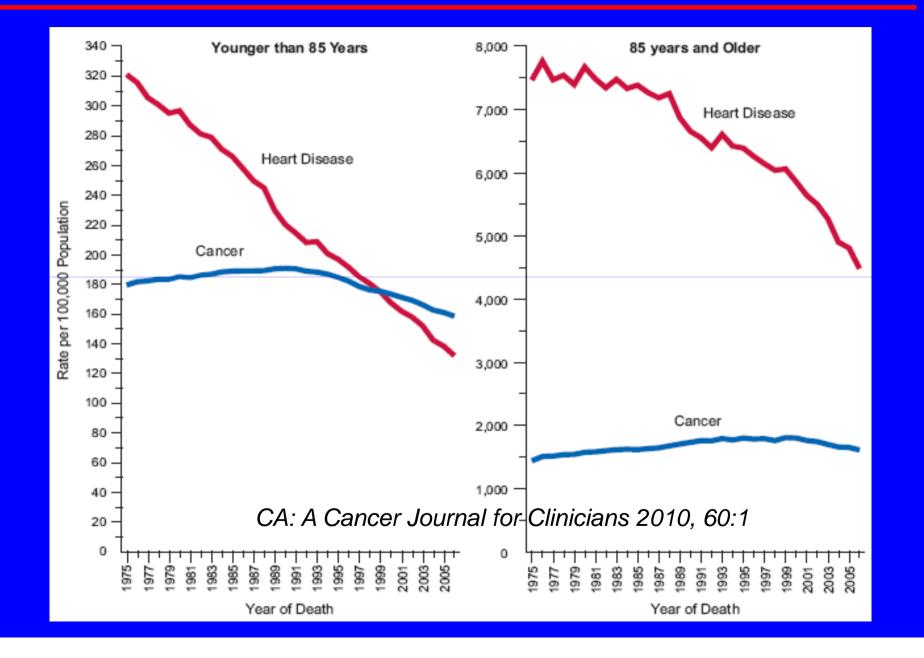
# **Cancer Crusade**



•US President Richard Nixon signed National Cancer Act in 1971.

Since the 1971 act, NCI has spent about \$90 billion on cancer.

# **Failure of Cancer Crusade**

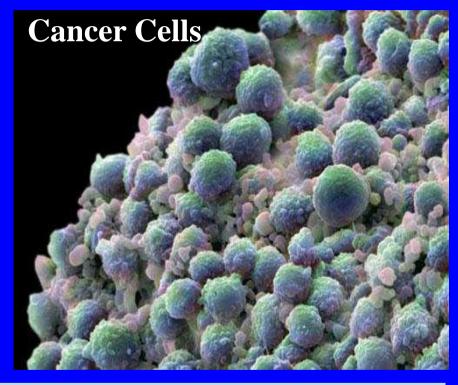


# It is difficult to cure chronic diseases

#### **Infection diseases**

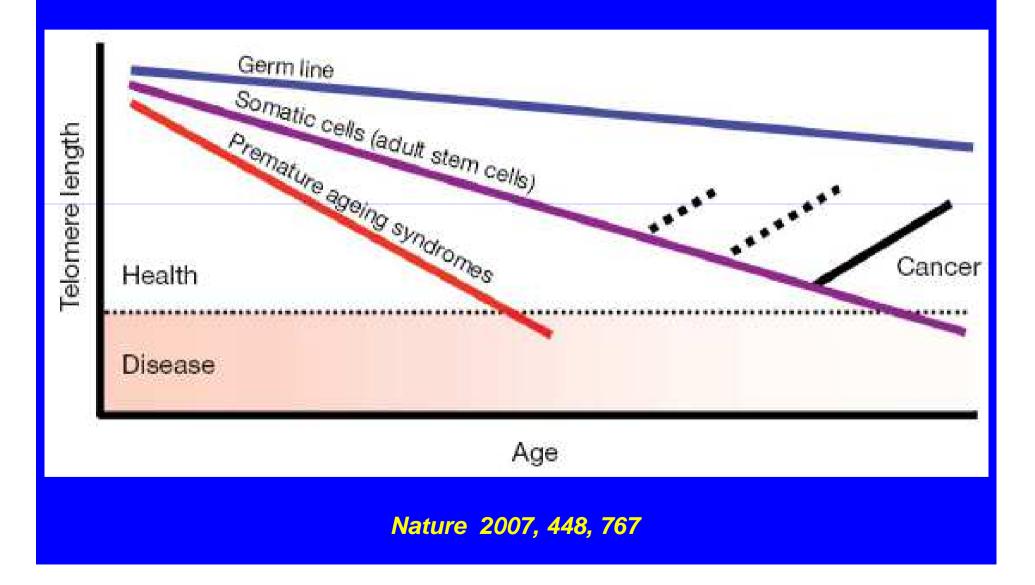


#### **Chronic diseases**



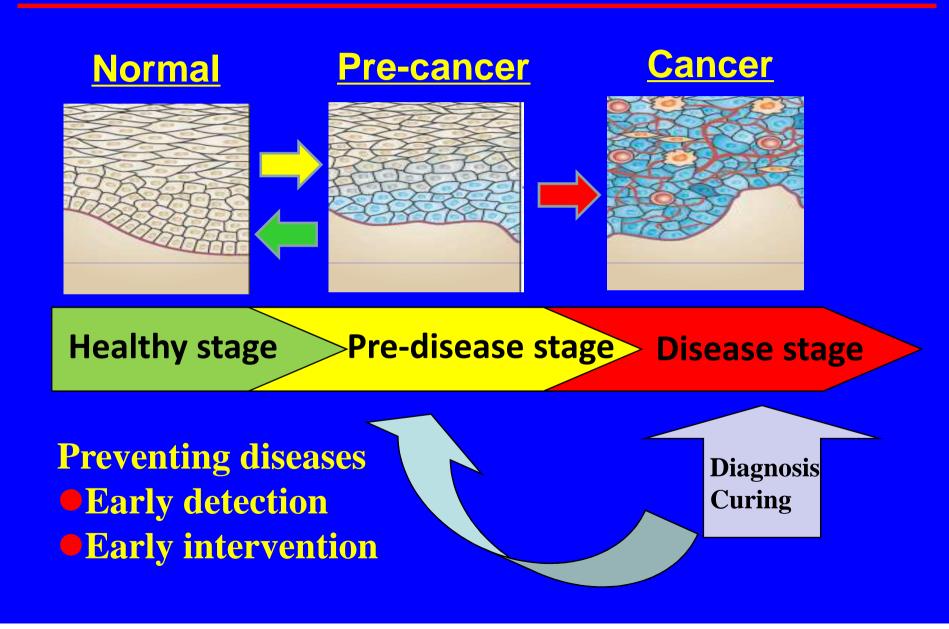
Pathogens of infection disease could be wiped out, but chronic non-communicable diseases derive from body defects are hardly cured completely.

# **Cancer is ageing-degenerative disease**



# Prevention is a better solution against cancers

#### **Prevention is a better way to treat chronic diseases**

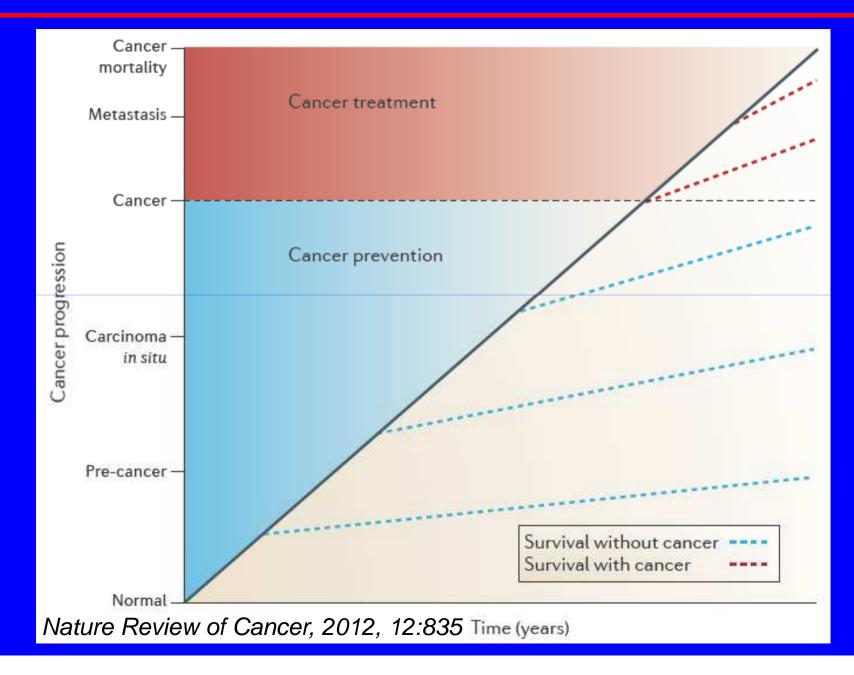


# **Timeline of Cancer Progression**

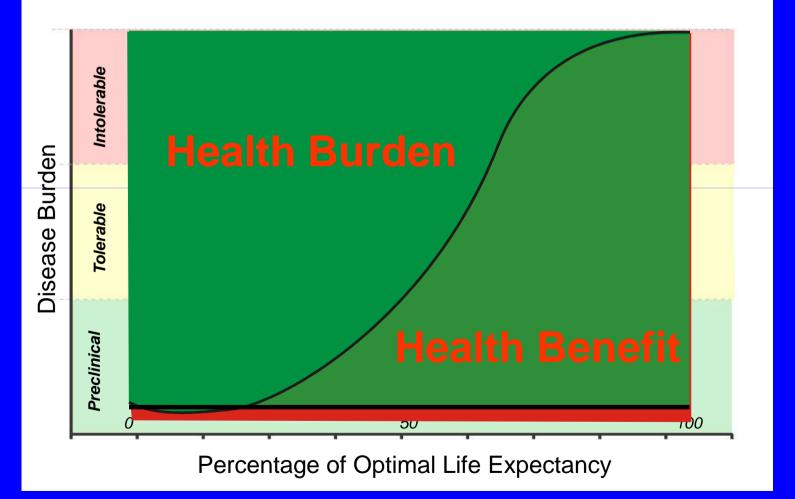
Cervix	CINI	6–10 years	CIN III/CIS
Breast	Atypical hyperplasia	14–18 years	DCIS 6–10 years
Colon	5–20 years		5–15 years
	20 years	Adenoma >10 year	s Latent 3–15 years Clinical
Prostate		→ PIN 20-40 pack-years	carcinoma carcinoma
Lung (smokers) —		1	2 2 2
Oesophagus	Barrett's	~9–13 years	Severe dysplasia
Bladder		20 years	→ TIS
Head and neck —	Tobacco use 4–10 years	Dysplastic oral leukoplaki	6–8 years
Skin (non-melanor	30-40 years	Actinic keratosis	>10 years

Nature Review of Cancer, 2012, 12:835

# **A Better Solution: Cancer Prevention**

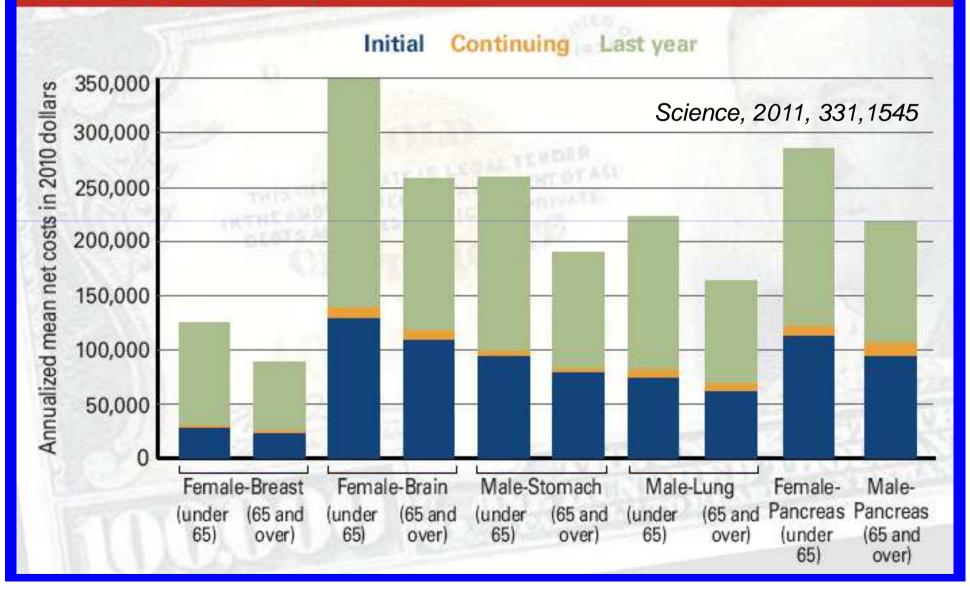


### **Prevention of chronic disease is economic efficiency**

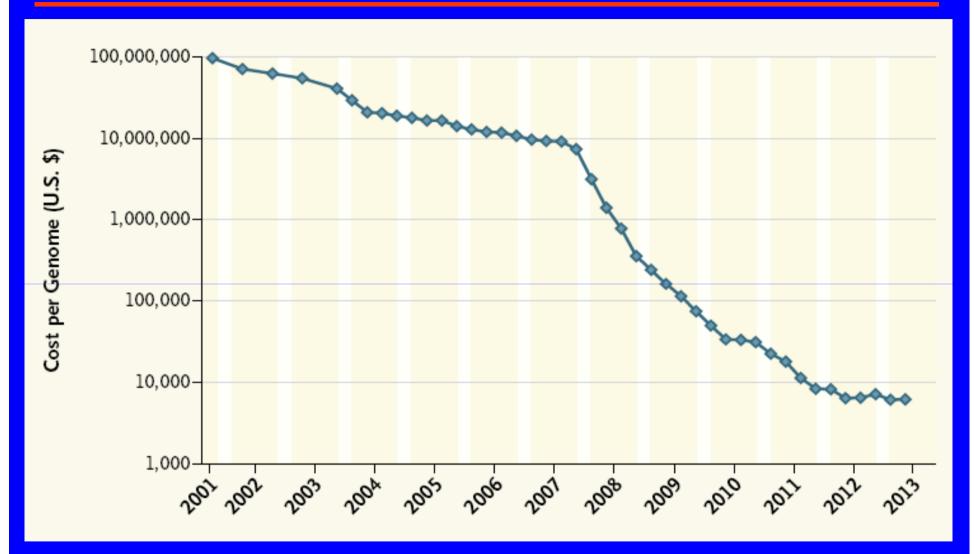


# **Cost of Cancer Treatments**

#### THE PRICE OF TREATMENT



# **Prevention tools: genomic sequencing**

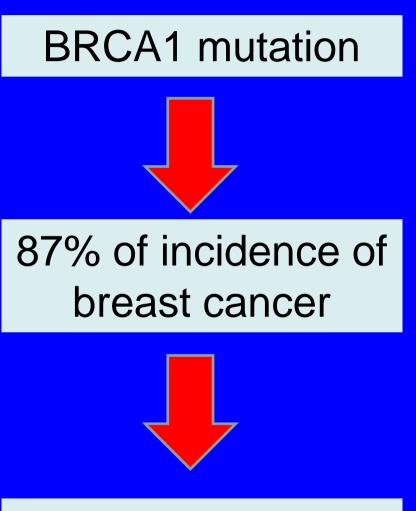


FDA has granted the first high-throughput genomic sequencer, MiSeqDx, for genome-based tests.

## A case of genomic-test for cancer prevention

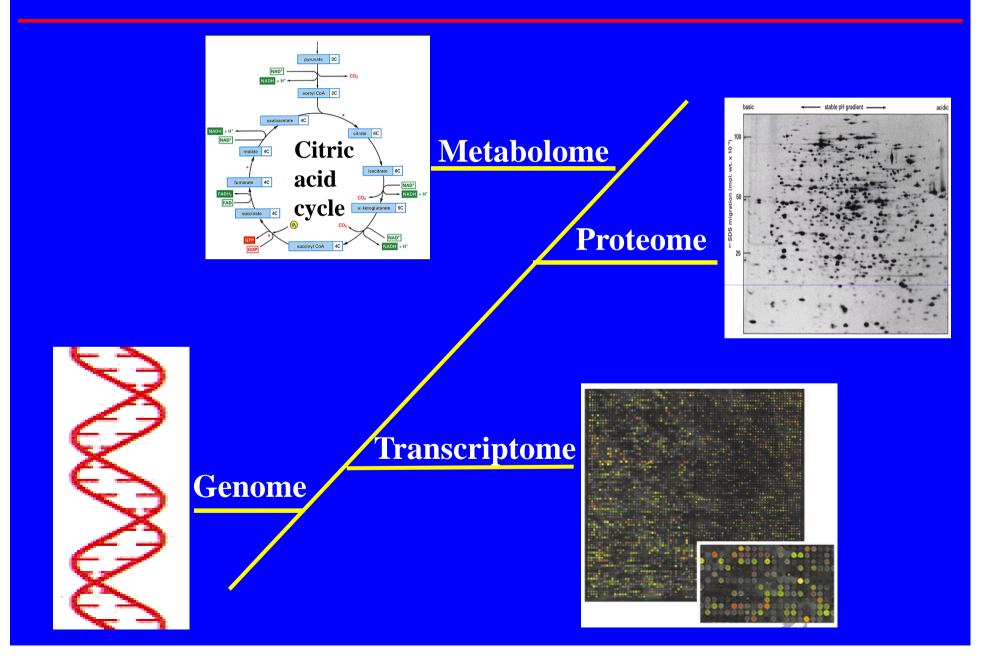


**Angelina Jolie** 



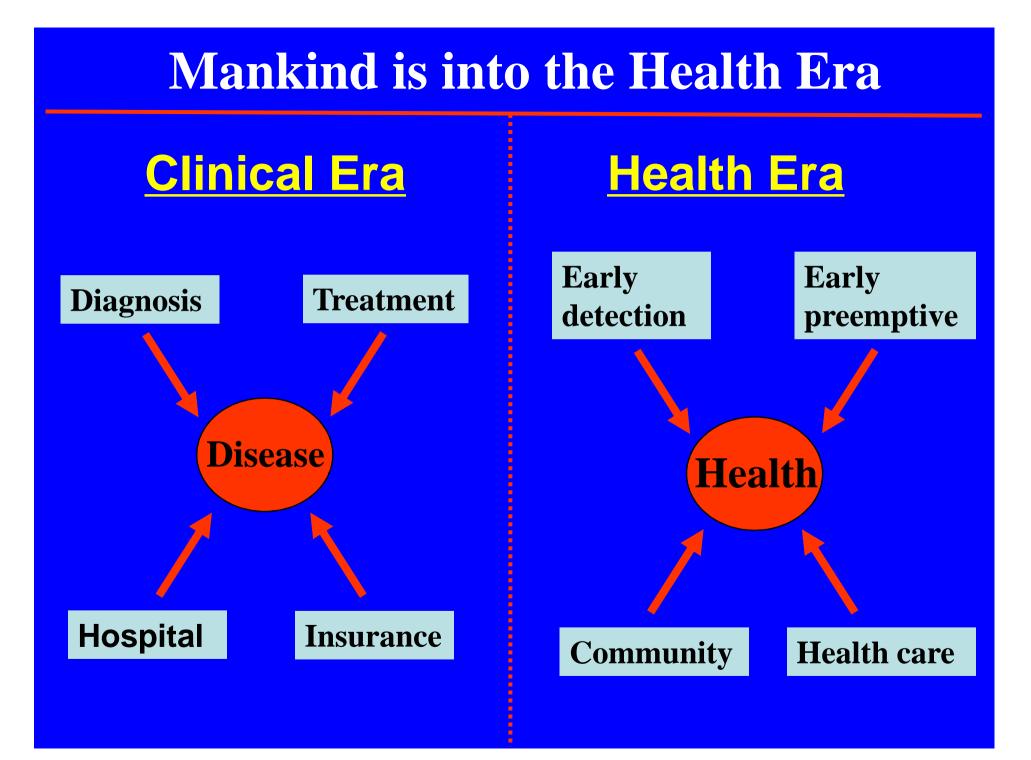
Surgery of breast

# Systems biology: integration of biomarkers



# Cancer Intervention reagents: drug and nutrients

Metformin	Pancreas, HCC, CRC, lung and all-cancer incidence (possibly breast)	
Aspirin	All-cancer mortality, colon, CRC, oesophageal and lung	
Combination of sulindac and DMFO	Recurrent (advanced) adenoma	
5-α-reductase inhibitors finasteride and dutasteride	Prostate	
Soy isoflavones	Breast	
Lycopene (tomatoes)	Prostate and lung	
Resveratrol (grapes and red wine)	Oesophageal, intestinal, colon and others	
Omega-3-fatty acids (fish oil)	Prostate, breast and colon	



# Thanks!